**PASTORAL YEAR GOALS AND OBJECTIVES**

**To: Upcoming Pastoral Year Students**

**From: Fr. David Hulshof, Coordinator of Apostolic Formation**

**Re: Goals and Objectives for the Pastoral Year**

**Date: May 10, 2023**

In preparation for your upcoming pastoral year, it will be very important to set up goals and objectives for yourself, much like those that you have done for your academic years here at the NAC. **While the specifics of your ministry may not yet have been defined, these goals and objectives should serve simply as a tool to help you examine what areas that you feel called to grow in during the upcoming year.** In this way, once your pastoral year is completed, you will be able to tangibly assess how you have grown as an individual and in formation. Listing your goals and objectives can be of great assistance when you sit down with your pastor/supervisor to fill out your *Assignment Expectations Sheet.*

**Timeline and Due Dates** – these will be more *informal* than the G & O for the academic year:

You are to meetwith your Formation Advisor to discuss your goals and objectives. You should also be sure to discuss the substance of your goals and objectives with your Spiritual Director before submitting them to the Coordinator of Apostolic Formation (cc. to your Formation Advisor).

**There is no Draft Version required** of your goals and objectives: simply submit your **one final electronic version to me (cc. to your Formation Advisor)** *as soon as possible and* ***by May 29.***

Please format the title of the WORD document as follows:

**LAST NAME (current year) Pastoral Year Goals and Objectives**

***Please keep in mind these general principles of the goals and objectives…***

You should write your goals and objectives succinctly and in a focused manner. This means your goals should not be vague or expansive enough to cover all activities. You should write them to address specific aspects of your life that will result in your ongoing growth in priestly virtues, characteristics, and practices. After you have identified goals for each of the four dimensions, then determine *specific* and *measurable* objectives for each goal. The relationship of a goal and an objective can be stated this way: a *goal* is what you want to achieve; an *objective* is the activity or specific action by which you will achieve the stated goal. Keep in mind that you want to have two or three objectives for each goal.

**Your goals and objectives should also include those areas of growth that were included in your own self-evaluation, the recent faculty evaluation from this past year, and your upcoming summer and pastoral year expectations. Please review those documents prior to writing your 2023-2024 goals and objectives.**

NAME

DIOCESE

YEAR OF THEOLOGY

UNIVERSITY

APOSTOLATE

FORMATION ADVISOR

**Goals and Objectives for the Pastoral Year 2023-2024**

**OVERALL GOAL:**

* Goals in the area of **Human Formation**:

Objective/s:

* Goals in the area of **Spiritual Formation**:

Objective/s:

* Goals in the area of **Intellectual Formation**:

Objective/s:

* Goals in the area of **Pastoral Formation**:

Objective/s

* **Additional Goals:**

Objective/s

**Samples / Examples of Goals and Objectives:**

* Goals in the area of **Spiritual Formation**:

1) To strengthen the unity between my participation in liturgical prayer and my personal prayer.

Objectives:

* I will pray with the priests in residence as often as our schedule permits; I will plan regular prayer times if I must pray alone.
* I will read the scripture readings for Mass each day and bring salient points gleaned from them to my personal prayer and spiritual direction.
* I will become more familiar with the prayers of the Mass and use them as a source of meditation.
* Goals in the area of **Pastoral Formation**:

1) To integrate my theological studies with my pastoral work.

Objectives:

* I will discuss regularly with my pastor/supervisor the theological insights I have found based on my pastoral work.
* I will read a book or an article that deals with the type of pastoral work in which I am engaged.
* I will make sure to provide enough preparation time for projects, talks, and presentations.

As you can see in these sample goals and objectives, the goals are specific and the objectives are measurable. Try to begin your “Goal” statements with the word “To” and your “Objective” statements with the words “I will…”. Your Formation Advisor and Spiritual Director will be happy to give you any help that you may need in the writing of your goals and objectives.